

#### Hello

This half-term's newsletter is a bumper edition, filled with a plethora of amazing downloads for you to use in your classroom in the run up to Christmas.

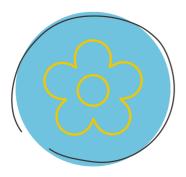
Our focus this half-term is kindness, empathy and courage. With Anti-Bullying Week and International Kindness Day both in the coming days, use our resources to aid discussions about these important topics with your students. We have also included a fun festive wellbeing planner with activities to develop strengths such as gratitude, optimism and humility in the run up to Christmas.

Also, make sure to check out our exciting announcement below for another great resource to use in class. This one is a little different but you won't be disappointed.

# **Character Strength Focus**

**Free Trial** 

Try to incorporate these character strengths into your termly planning.



#### Kindness

World Kindness Day is 13th November ask your students to share something kind about one of their peers.



### **Empathy**

Check in with your students, do they understand empathy?
Use our resources to develop empathetic behaviour.



#### Courage

What makes someone courageous? Discuss with your classes, can they nominate a classmate who has shown courage?

#### Free Resources

#### Christmas Wellbeing Planner

Use our 'Countdown to Christmas' Wellbeing Planner with your students from the 1st December. With a task to develop a different character strength each day, it's a brilliant resource for students to take home or complete in class to get into the festive spirit.

Click here to download.

# Caroline Chisholm Wellbeing Workout

With World Kindness Day falling on 13<sup>th</sup> of November, we can look to some amazing role models for students to be inspired by. One such person is Caroline Chisholm, who selflessly worked to help new women and families arriving in Australia to find shelter and work. Her kindness resulted in them making better new beginnings in a new country and transitioning more easily to their new way of life.

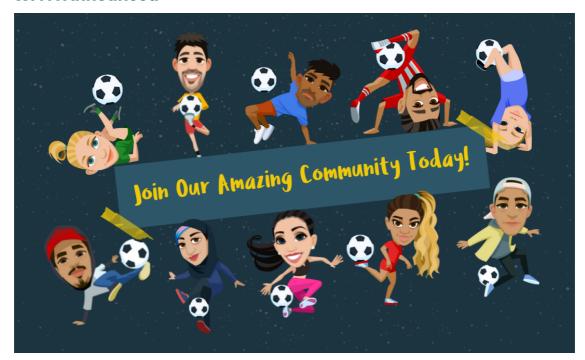
Primary | Secondary





### **Exciting Announcement**

# Our Amazing Freestyle Community - New partnership with the WFFA Announced



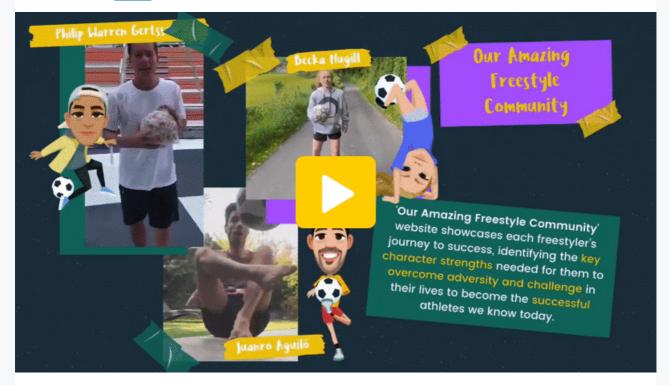
**The World Freestyle Football Association** (WFFA) has joined forces with **Amazing People Schools** to create the extraordinary new digital education tool 'Our Amazing Freestyle Community'.

Featuring the stories of 10 incredibly talented and diverse freestylers from around the globe, the **Our Amazing Freestyle Community** website showcases each freestyler's road to success, identifying the key character strengths that they used to overcome adversity and challenges in their lives, helping them to become the successful athletes we know today.

The goal of the website is to engage young people through the exciting world of Freestyle Football with the objective of equipping them with key character-building tools that will help them thrive whatever their life circumstances may be.

**Dan Wood**, Head of Partnerships at the WFFA, said: "The launch of this collaboration with Amazing People Schools fills us with pride. We believe in our sport as a tool for good and have been working to leverage the endless educational possibilities it offers since the foundation of the WFFA. Seeing them materialise into this program makes us really happy".

Schools can access 'Our Amazing Freestyle Community' for FREE. Students can set up a free account to take part in fun quizzes, collect freestyler cards and even download resources to track their progress. Take a look at the website here.



# What's happening on the blog?



Anti-Bullying Week is 14-18th November

### **Bullying & Character**

It is reported that over half of the UK's 12- to 15-year-olds have faced some form of bullying in their lives, which is also reflected on a global scale with UNESCO data showing that 1 in 3 teens worldwide report being bullied.

Read how your school can implement a successful Anti-Bullying plan that also gives the gift of the language of character.

Read here



World Literacy Foundation Partnership

#### **Using Role Models to Inspire Ambassadors**

As part of our ongoing partnership with World Literacy Foundation, our Education Team Manager, Selena, had the honour of writing a guest article which details how Amazing People Schools has contributed to supporting literacy and oracy development on the Youth Ambassador Program.

# What's Ahead in November & December? Events



Character & Wellbeing -FREE Webinar 3rd November 2022 -4pm GMT - <u>Book here</u>



Schools & Academies
Show
Birmingham NEC - 17th
November 2022 - Book
your FREE place here



ACE Annual Conference 2022 Kingshill School, Warwick - 24th November 2022 - Find out more

# **Training Opportunities**

Did you know that we offer self-paced, online training courses? Just click on the courses below to find out more.





#### **Character Matters**

This self-guided course delivered by experienced educationalist, Manjit Shellis, can be taken at your own pace. It covers an introduction to character education, theory about character strengths and practical tips about how to introduce character into the classroom.

#### **Character Strengths & Wellbeing**

Delivered by our Education Team Manager, Selena Whitehead, this course looks at the evidence which explains the links between developing character strengths and mental health and wellbeing in schools.

We are also now taking bookings for face-to-face CPD.

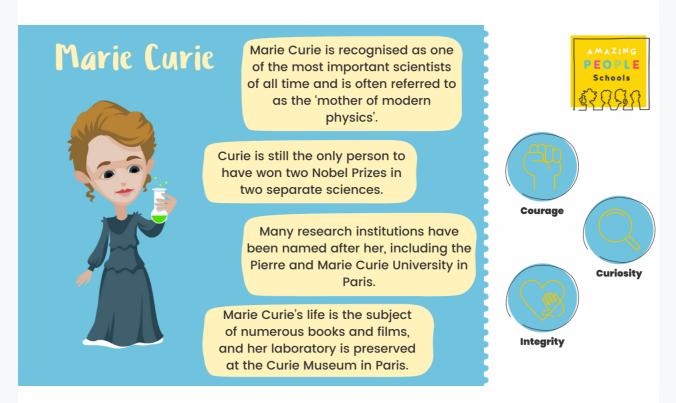
You can read more about it in here.

# Amazing People born in November & December

Use these handy downloadable resource cards to discuss this month's role models with your students – a great asset for discussing character strengths at form time or as an end of day roundup activity. We only have space to highlight a few here so check our planners for our full list of featured Amazing People.

Click each image to download.

#### Marie Curie born 7th November 1867



Mary Seacole born 23rd November 1805



As a British-Jamaican nurse in the 1800s, Mary Seacole's leadership and courage paved the way for diversity in nursing in the UK.



Named 'greatest black Briton' in a survey in 2004, to celebrate the UK's black heritage, Mary Seacole stood against prejudices and discrimination against all the odds.



Adaptability



**Kindness** 

A statue of Mary Seacole is sited at St Thomas' Hospital in London. It was unveiled in 2016.

The Mary Seacole Trust promotes Mary Seacole as a source of inspiration for a fair, diverse, and inclusive society.

#### Mark Twain born 30th November 1835

# Mark Twain



Mark Twain was an adventurer and writer who is known as the 'Father of American Literature'.

Mark Twain believed in equal rights and he delivered the famous 'Votes for Women' speech.

> Numerous places and structures have been named in his honour, including a cave, a lake, a national forest, a bridge over the Mississippi River and even an asteroid.

Mark Twain's books have been translated into more than 75 languages, with more than 6,500 editions.





**Adaptability** 





Ada Lovelace born 10th December 1815

# Ada Lovelace

Considered the world's first computer programmer.

She predicted that a machine would be able to encode music about 150 years before the first MP3 player was introduced.





Ada Lovelace was called 'the Enchantress of Numbers' due to her brilliant intellect and amazing skill in mathematics.

supposed to do such things.



Open-mindedness



Ada Lovelace asked questions and used her imagination at a time when women were not



### Ludwig van Beethoven born 17th December 1770

# Ludwig van Beethoven



Ludwig Van Beethoven overcame his deafness to become one of the most celebrated classical musicians of all time.

He composed nine symphonies, 32 piano sonatas, one opera, five piano concertos, and multiple chamber works.

> Many monuments, statues and sculptures around the world have been dedicated to his life and work.

Beethoven's most well-known works are his Nine Symphonies, Moonlight Sonata, Fur Elise, Fidelio, and Missa Solemnis.





Adaptability



Creativity



Resilience

If you'd like support in implementing character across your curriculum, just click here and one of our friendly team will arrange a 1:1 appointment to explain how we can help.

We will be back in the new year with our next newsletter.

Season's Greetings to all,

**Amazing People Schools** 



# Not had your free trial yet?

All schools are invited to a free trial of our stories and resources. All we need is your name and school and we will send you login details

**Free Trial** 

#### **Amazing People Schools**

10 Grange Road, West Kirby United Kingdom











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