



Hello!

With the end of the academic year fast approaching, the final half term can often be the part of the year when we, as educators, need to dig deepest into our own toolkit of strengths. Being adaptable and optimistic can be hard when energy levels are low, so making sure to take time to practise self-care this half term is really important.

If you can, just taking 60 intentional seconds a day is a proven way to boost energy levels and focus. One way of doing this is by celebrating your wins. Whether small or more significant, give yourself a pat on the back and acknowledge your successes: this year, this term or even in the lesson you just taught.

Remember you are doing an AMAZING job.

If you'd like an extra bit of support at this time of transition, register to receive our free, pre-recorded webinar '**How Teaching About Character Can Help Pupils with Transition**' developed in partnership with HeadteacherChat. You'll be the first to receive the webinar when it is released in the coming days.

[Join our waitlist here!](#)

New Resources

Amazing Gypsy, Roma & Traveller People

(We note that Gypsy, Roma and Traveller (GRT) communities are not a homogenous group.)

Encourage students to be curious about these amazing role models

Valuing fair treatment, acceptance of difference and giving a voice to all people begins with a deeper understanding of character strengths. Further develop your skills in this area through these activities and gain more in-depth insights into the importance of having strength of character.

Before starting, it may be worthwhile to watch this video which explores a brief history of these people, Gypsies, Roma, Travellers: An *Animated History* by Open Society Foundations – [here](#).

Empathy



Eileen Flynn (1987 -)

She is the first Irish Traveller to become a senator in Ireland. Her mother died when she and her twin sister were only 10, but teachers at school helped them and together they became the first from their community to go to college. She has devoted herself to community development and activism to support equity and related Traveller issues.



Develop your **empathy** and explore some of the challenges faced by GRT people: *The Stopping Places*, *Damian la Bas*; *Terror Kid*, Benjamin Zephaniah; *Gypsy Girl*, Rosie McKinley; *A Berlin Love Song*, Sarah Matthias.

Courage



Jack Cunningham (1897 - 1911)

Born into a Traveller family in northern England, he was awarded the Victoria Cross. This is the highest award for bravery that soldiers can receive. When he was 19 years old, he fought in the Battle of the Somme, one of the worst battles of World War I. His **courage** and **teamwork** were exceptional, and it was said that "his conduct...was magnificent".



Create a timeline of Gypsy, Roma and Traveller (GRT) people through history. Where do they come from? What challenges have they faced?

Use your **curiosity** and investigate words we use today that have Gypsy, Roma or Traveller origins e.g. chav, cushy, wonga, cosh, pal.

Curiosity



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Amazing Gypsy, Roma & Traveller People Resource

To coincide with Gypsy, Roma and Traveller History Month, we are pleased to release our latest resource to celebrate amazing role models from across the GRT community.

This easy-to-use resource has links to recommended videos, literature and activities to use during class or for home learning.

You can download the resource if you are signed up to our platform. You will find the resource in the '**Diverse Voices**' collection.

If you don't have access yet, sign up for your free trial and we will send the resource direct to your inbox.

[Start a FREE trial today!](#)

News, Views & Free Content

In the last few weeks we have been fortunate enough to team up with some brilliant organisations to spread the word on how a strength-based approach to mental health and wellbeing can help students cope with anxiety at times of pressure.



APS x VSS: Tim Ream and César Azpilicueta reveal how anxiety affects them in mental health Q&A

Read the full write up of our amazing online event on the Talk Sport website. If you missed it, Fulham captain Tim Ream and Chelsea skipper César Azpilicueta talked to hundreds of kids during our Q&A session on anxiety as part of Mental Health Awareness Week.

[Read Here](#)

teachwire: Take a strengths-based approach to Transition

Read how using the language of character strengths throughout the year can support all pupils, especially those who are more vulnerable.

[Read Here](#)



Monthly Planners

Click to download your monthly guide on how to embed Amazing People Schools into your classroom.

Also, don't forget to check out the Amazing People that we shine a light on this half-term. Scroll down to the end of this email to download your FREE role model profile cards.

July 2023

Use our planner to connect vital character strengths and wellbeing resources with key dates to help students thrive!

Complimentary trials available for all schools [click here!](#)

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July Planner

August 2023

Use our planner to connect vital character strengths and wellbeing resources with key dates to help students thrive!

Complimentary trials available for all schools [Click here!](#)

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August Planner

Summer Strengths Builder!

Want to help your students to focus on building strengths over the long summer break?

Download our 'Wellbeing Workout - Summer Strengths Builder' activity sheet.

[Download here](#)

Character strength building with some of the world's most Amazing People
Complimentary trial access for all schools

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Our Live Sessions for Schools

Everyone, we are different, so what we can do



If you missed our incredible live character session for schools on 19th May, fear not, you can watch the whole session by following the link below.

If your school hasn't been able to join us for one of these special events, check the recording out and sign up for our next session below.

A huge thank you to the schools who joined us for the session. We've seen some amazing feedback via social media. If you have any more comments you'd like to share, please send them our way!

[Watch Here](#)



Upcoming Events

Discover how developing key character strengths can help both staff and

student wellbeing by signing up to our FREE events below...



Join our waitlist to receive the webinar direct to your inbox!

Headteacher Chat x APS Special

Join Lucy from HTC and our Education Team Manager, Selena Whitehead, as they discuss how to best support your students at times of transition.

[Sign up for exclusive first access](#)



Thursday 13 July Time TBC

VSS x APS Women's World Cup Special

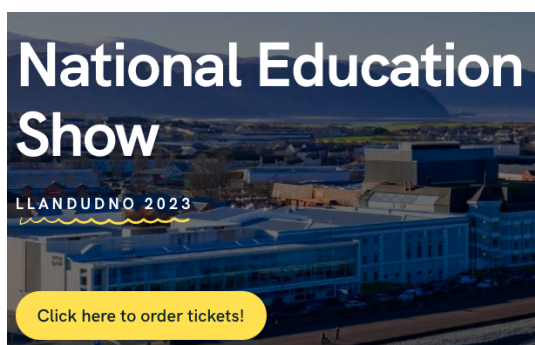
Join us for the next in our series of incredible collaborations with Virtual Soccer Schools as we talk to a huge star of women's football.

[Register your school or class here](#)

Come and see us...

The Amazing People Schools team are off on tour!

If you're lucky enough to be attending the events below, come and see us, we'd love to say hi!



16 June 2023 Llandudno, Wales

National Education Show



6-7 July 2023 Wellington College

Festival of Education



The Northern Celebration of Education
2023
Friday 7 July 2023

Students Union, Northumbria University, Newcastle

Friday 7 July 2023, Students Union,
Northumbria University

The Northern Celebration of
Education 2023

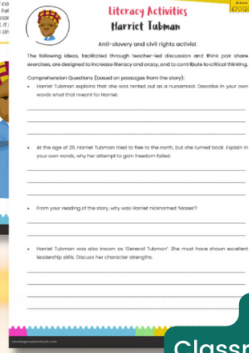


Celebrate some Amazing People this Month

Juneteenth – Harriet Tubman – Anti-slavery & Civil Rights Activist

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**Printable
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Helen Keller born 27 June 1880

Helen Keller



Helen Keller was deaf and blind due to an early childhood illness.

She gained a university degree and wrote several books that are still widely popular and offer hope to many disabled people.

In 1955, Helen Keller received an Academy Award for the 1955 documentary film about her life entitled 'Helen Keller in Her Story'.

Helen Keller was awarded the Presidential Medal of Freedom in 1964, by President Lyndon Johnson.



Adaptability



Gratitude



Optimism

Amy Johnson born 1 July 1903

Amy Johnson



Amy Johnson was a pilot who paved the way for future female pilots.

She became very famous, and she thrilled the world with record-breaking flights.

In 1928, she gained her pilot's licence, and became first female ground engineer in the UK.

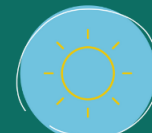
In 1930, Amy Johnson became the first woman to fly solo from London, UK to Australia. The flight took 19 days.



Courage



Enthusiasm



Optimism

Frida Kahlo born 6 July 1907

Frida Kahlo



Frida Kahlo is one of the best-known painters of our times. She is especially known for her distinct style and her many unsmiling self-portraits.

In her lifetime, Frida Kahlo created over 143 paintings, of which 55 are self-portraits.

Several films have been made about her life and work, including 'Frida', which starred Salma Hayek and was nominated for several Academy Awards.

One of her paintings features on the 500-peso note in Mexico. In 2001, she became the first Latin American woman to be honoured with a postage stamp in the US.



Creativity



Open-mindedness



Resilience

Emmeline Pankhurst born 15 Jul 1858

Emmeline Pankhurst



Emmeline Pankhurst was a key leader of the women's rights movement in Britain.

Despite many setbacks and difficulties, she never gave up her mission and remained committed to achieving gender equality.

Emmeline Pankhurst endured several jail sentences because of her actions and protests for the cause she believed in.

Her life has been dramatized in the BBC mini-series "Shoulder to Shoulder" and the film "Suffragette", in which she was portrayed by Meryl Streep.



Courage



Perseverance

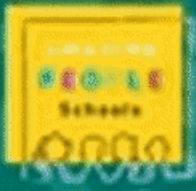


Teamwork

And Finally....

We love hearing how your school uses the Amazing People School platform and resources. A big shout out to **Joe Brooks, SEND Lead at Aston Fields Middle School** for his recent feedback.

If your school would like to share how you use APS in your classrooms, please don't hesitate to get in touch - we love hearing from you and incorporating your feedback into the platform.



The imagery and the information there - it's all really well suited, I think, to young people, which obviously is really key.

Joe Brooks
SEND Lead, Aston Fields Middle

Not got your free access yet?

Remember if you like what you see in this newsletter, it is just the tip of the Amazing People Schools iceberg!! Our platform hosts hundreds of interactive and downloadable resources, so if you haven't signed up for your free access trial yet, you can do so using the button below.

Or if you'd like support in implementing diverse voices or character strengths across your curriculum, you can book a short 1:1 Teams call with our Education Manager, Selena Whitehead by clicking [here](#).

Until next time...

Amazing People Schools

Free Access



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