



Happy New Year!

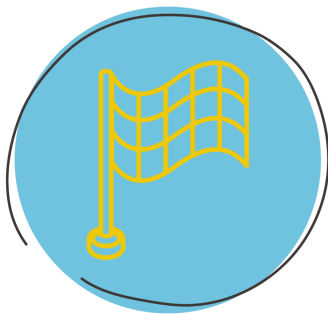
With 2022 in the rearview mirror, it's time to reflect on the wins and losses of the last year and look forward to 2023. A new year is a great time to start a fresh routine but as busy educators, time has a tendency to 'fly by' and before we know it, another term has passed.

We hope our newsletter helps save you time when continuing to embed character in your classrooms. Our resources, training, blogs and events are all designed to help you win time back, allowing you to do what you do best. If you don't currently have free access to our resources, click the link below to re-start your character journey with us. We are always happy to help.

## Character Strength Focus

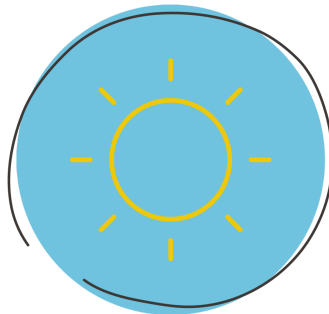
Try to incorporate these character strengths into your termly planning.

Free Access



### Perseverance

Create a classroom perseverance wall. Celebrate each time a student has persevered through a difficult task to achieve an end goal. Tip: The end goal doesn't have to be a completed task. A single sentence, or just getting pen to paper demonstrates real perseverance for some children.



### Optimism

Start an optimism jar in your classroom. Ask your students to write down positive affirmations and store in a jar ready for when others may need a little help with optimistic thinking. You could even have an optimism monitor who manages the jar!



### Integrity

16th January is Martin Luther King Jr. Day. Talk to your students about MLK and what he fought for. Ask them about how they can show integrity and fight for a cause they believe in. You can find further MLK resources on our learning platform to help you discuss his story.

Join our **FREE** teacher training on Monday 9th January 16:00 GMT



The Year of Character 2023

### FREE CPD Session

Our character education expert Selena will guide you through the reasons why 2023 is the year to fully embed character across your school setting. Learn how a robust programme can positively impact your students' mental health, wellbeing, behaviour and academic achievement.

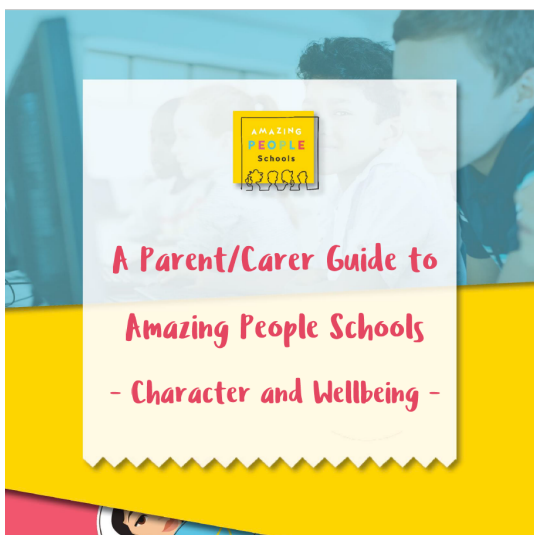
**I'll attend!**

## New Resources

### Today's Amazing Person

Did you know that on our website homepage, we showcase contemporary amazing people? When you visit, refresh your webpage and you will see a new amazing person each time. This feature is a great tool for starting discussions during form time or circle time. If you'd like to see the **full archive** or revisit someone you'd seen previously, click on the link below.

[Visit the archive page here](#)



### Guide for Parents & Carers

If your school is currently subscribed to our digital learning platform, we have a handy new resource that you can use to help parents and carers of your students understand more about the resources, learning and language they will be hearing about from their children.

You can download it clicking [here](#).

## NEW DATE ANNOUNCED

### APS x VSS – CHILDREN'S MENTAL HEALTH WEEK SPECIAL

At the end of last term we had the honour of co-hosting a brilliant LIVE character session and Q&A for schools with Virtual Soccer Schools featuring **Premier League footballer Tim Ream**. The hour session saw students and classrooms from across the globe unite to talk about **kindness, teamwork and resilience**. Tim answered questions about how he used his character strengths to help him get through his World Cup experience and deal with difficult situations.

We are super excited to announce we will be joining forces again to support **Children's Mental Health Week**, with another **LIVE session planned for Monday 6th February with a new Premier League star**.

If you would like to **sign your school, class or students up, please do so using the link below**. More details to be announced very soon. Check out the images below to see the fun we had last time.

[Sign Up Here](#)



## What's happening on the blog?



### Small School, Big Difference

Read how students from Central Tilba Public School, have been using the APS resources to contribute to their program of success.

[Read here](#)



### Celebrating Differences

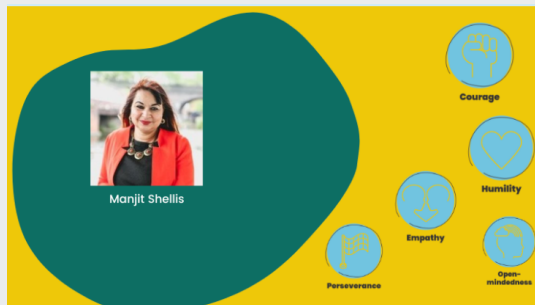
We are surrounded by difference. To be inclusive, is to show acceptance of all. This is not always easy. It is necessary to provide an education that encourages open-mindedness and working together (teamwork). Read more to find out how your school can achieve this.

## Training Opportunities

**We are now taking bookings for face-to-face CPD.**

[You can download our e-book here to find out more.](#)

Also, did you know that we offer self-paced, online training courses? Click on the course images below to find out more.



### Character Matters

This self-guided course delivered by experienced educationalist, Manjit Shellis, can be taken at your own pace. It covers an introduction to character education, theory about character strengths and practical tips about how to introduce character into the classroom.



### Character Strengths & Wellbeing

Delivered by our Education Team Manager, Selena Whitehead, this course looks at the evidence which explains the links between developing character strengths and mental health and wellbeing in schools.

## Amazing People born in January & February

Use these handy downloadable resource cards to discuss this month's role models with your students - a great asset for discussing character strengths at form time or as an end of day roundup activity. We only have space to highlight a few here so check our planners for our full list of featured Amazing People.

**Click each image to download.**

**Martin Luther King Jr. born 15 January 1929**

# Martin Luther King Jr.



Martin Luther King Jr. is remembered as a courageous civil rights leader, who stood up for what he believed in.

His leadership contributed to the overall success of the civil rights movement in the mid-1900s and continues to impact civil rights movements to this day.

The third Monday in January marks Martin Luther King Jr. Day, a US holiday that honours Dr King's legacy.

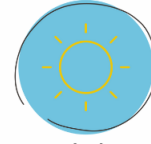
Martin Luther King Jr.'s Atlanta birthplace is registered as a National Historic Site with the National Park Service.



Fairness



Integrity



Optimism

## Elizabeth Blackwell born 3 February 1821

# Elizabeth Blackwell



Elizabeth Blackwell was the first woman doctor in the US and focussed on helping poor women and children.

She went on to help in the development of health care and the training of women in medicine.

In 1973, Elizabeth Blackwell was inducted into the National Women's Hall of Fame.

On February 3, 2018, Google honoured her as a doodle in recognition of her 197th birth anniversary.



Empathy



Integrity



Self-discipline

## Dmitri Mendeleev born 8 February 1834

# Dmitri Mendeleev

Dmitri Mendeleev was a Russian chemist whose research and discoveries changed the world's view of chemistry.



Thanks to Dmitri Mendeleev's focus and determination, we have today's Periodic Table of Elements – the A-Z reference for chemical and physical theory.

Many fields of science, including chemistry, physics, biology, engineering, medicine and geology, have benefitted from his version of the periodic table.

A volcano in Russia, a lunar crater, and the chemical element mendelevium (Md) are all named after him.



Integrity



Open-mindedness



Self-discipline

## Charles Darwin born 12th February 1809

# Charles Darwin

Charles Darwin was a geologist, botanist, writer and explorer whose ideas transformed the way we understand the natural world.



His book, 'On the Origin of Species', is one of the most important science books ever written.

Charles Darwin observed variations in nature within a species (evolution) and wrote 'On the Origin of Species' almost 100 years before DNA was identified.

Over 250 species of plants and animals, a lunar crater, an asteroid, and a computer operating system are some of the things named after Charles Darwin.



Integrity



Open-mindedness



Self-discipline

## Sarojini Naidu born 13 February 1879

# Sarojini Naidu



Sarojini Naidu earned the nickname the 'Nightingale of India' because of her contribution to poetry.

She played an important role in India's struggle for independence from British rule.

She was named the first Indian woman to be appointed as an Indian state governor and the first Indian woman to become president of the Indian National Congress.

Various places are named after her, including the Sarojini Naidu College for Women, Sarojini Naidu Medical College, and the Sarojini Devi Eye.



Fairness



Integrity

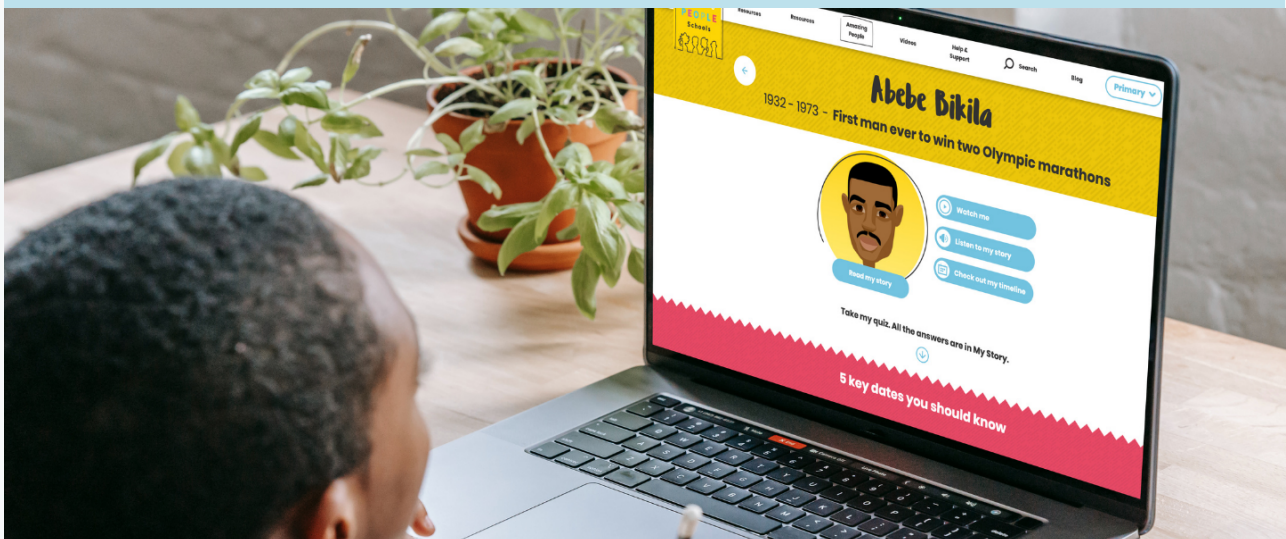


Wisdom

If you'd like support in implementing character across your curriculum, just [click here](#) and one of our friendly team will arrange a 1:1 appointment to explain how we can help.

Kind regards,

**Amazing People Schools**



## Not got your free access yet?

All schools are invited to take a look at our stories and resources, free of charge. All we need is your name and school and we will send you login details.

**Free Access**

### Amazing People Schools

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